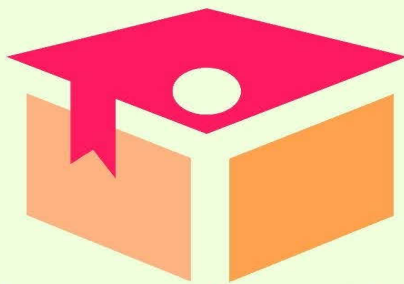


Uttarakhand CHO 2024 QUESTION PAPER



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1. Functions of Kupffer cells in liver is:
 - (a) Phagocytic
 - (b) Lytic
 - (c) Secretory
 - (d) Excretory
2. Substance that do not cross the placental membrane are all except:
 - (a) IgG
 - (b) IgA
 - (c) IgM
 - (d) IgE
3. An immobilized client is at risk for :
 - (a) Hypocalcemia
 - (b) Hypercalcemia
 - (c) Hyponatremia
 - (d) Hypermagnesemia
4. The Centres for Disease Control (CDC) recommends that replacing sites should occur at least every:
 - (a) 72 to 96 hours
 - (b) 48 to 72 hours
 - (c) 24 to 48 hours
 - (d) 12 to 24 hours
5. A nurse can decontaminate the HIV contaminated waste products with all the following except:
 - (a) Methanol
 - (b) Formaldehyde
 - (c) Gluturaldehyde
 - (d) Sodium hypochlorite
6. What is the primary nursing diagnosis for a client with a bowel obstruction?
 - (a) Deficient Knowledge
 - (b) Pain
 - (c) Ineffective tissue perfusion
 - (d) Deficient fluid volume

7. Replacement of an unacceptable need, attitude or emotion with one more socially acceptable:
- (a) Displacement
 - (b) Sublimation
 - (c) Substitution
 - (d) Suppression
8. Which of the following is NOT a type of quantitative research nursing?
- (a) Descriptive research
 - (b) Experimental research
 - (c) Quasi experimental research
 - (d) Ethnography research
9. The correlation between intelligence test scores and grades is :
- (a) Perfect
 - (b) Negative
 - (c) Positive
 - (d) No correlation
10. Commonest presentation of choriocarcinoma is:
- (a) Abdominal pain
 - (b) Perforation of the uterus
 - (c) Breathlessness
 - (d) Vaginal bleeding
11. Retina is most sensitive at
- (a) Optic disc
 - (b) Fovea centralis
 - (c) Macula Lutea
 - (d) Periphery
12. An ability to confidently and comfortably express thoughts and feeling while still respecting the legitimate rights of the patient.
- (a) Assertive communication
 - (b) Unassertive communication
 - (c) Aggressive communication
 - (d) Nonaggressive communication



13. What is a Gantt chart a type of?

- (a) Work flow design
- (b) Work rate design
- (c) Work schedule design
- (d) Work output design

14. Hawthorne experiments were conducted by:

- (a) Edwards Deming
- (b) Elton Mayo
- (c) FW Taylor
- (d) Henry ford

15. One teaspoon medicine is equal to

- (a) 2 MI
- (b) 3 ML
- (c) 5 ML
- (d) 10 MI

16. Drugs that can be safely given in pregnancy are :

- (a) Antifolate
- (b) Quinine
- (c) Chloroquine
- (d) Primaquine

17. The type of sampling in which there is no assurance that every element has a chance of being included in research study:

- (a) Non- Probability sampling
- (b) Probability sampling
- (c) Equal sampling
- (d) Adjustable sampling

18. Which IUD lasts for 10 years ?

- (a) Cu-220c
- (b) Progestasert
- (c) Nava T
- (d) Cu-T-380-A

19. Preservative added in DPT Vaccine:

- (a) Zinc Phosphate
- (b) Aluminium Phosphate
- (c) Magnesium Sulphate
- (d) Zinc Sulphate

20. Which scale of measurement has an absolute Zero?

- (a) Nominal
- (b) Ordinal
- (c) Interval
- (d) Ratio

21. Minimum number of carbon required for a monosaccharide:

- (a) 3
- (b) 4
- (c) 2
- (d) 1

22. PERT is a type of:

- (a) Input output analysis
- (b) System analysis
- (c) Network analysis
- (d) Research technique

23. Monday fever is associated with:

- (a) Bagassosis
- (b) Byssinosis
- (c) Asbestosis
- (d) Silicosis

24. Dumping syndrome is a complication of:

- (a) Subtotal gastrectomy
- (b) Colectomy
- (c) Hysterectomy
- (d) Nephrectomy

25. Which of the following ECG findings indicate the presence of hypocalcemia?

- (a) Tall, peak T-wave
- (b) ST segment depression
- (c) Widening of QRS complex
- (d) Prolonged PR interval

26. Excessive use of abstract thinking or generalization to decrease painful thinking is:
- (a) Projection
 - (b) Rationalization
 - (c) Intellectualization
 - (d) Over explanation
27. The focus of this therapy is to have a positive environmental manipulation, physical and social, to affect a positive change:
- (a) Milieu
 - (b) Psychotherapy
 - (c) Behavior
 - (d) Group
28. Translation occurs in:
- (a) Mitochondria
 - (b) Cytoplasm
 - (c) Nucleus
 - (d) Ribosomes
29. Tetrad of hematuria includes:
- (a) Abdominal pain
 - (b) Bronchospasm
 - (c) Small vasculitis
 - (d) Granulomatosis
30. Which drug is not used in pregnancy?
- (a) Labetalol
 - (b) ACE inhibitors
 - (c) Hydralazine
 - (d) Methyldopa
31. The antidote of choice in paracetamol poisoning:
- (a) Flumazenile
 - (b) Sodium bicarbonate
 - (c) N-acetylcysteine
 - (d) Methylene blue

32. Which of the following complications is possible with an episiotomy?
- (a) Blood loss
 - (b) Uterine disfigurement
 - (c) Hormonal fluctuations postpartum
 - (d) Prolonged dyspareunia
33. Which of the following is considered as an indication for administering serum albumin?
- (a) Clotting of blood
 - (b) Formation of the WBCs
 - (c) Maintenance of oncotic pressure
 - (d) Formation of RBCs
34. Color coding for nitrous oxide cylinder is:
- (a) French blue
 - (b) Black
 - (c) Grey
 - (d) Black with white shoulders
35. What is mandatory before glucose tolerance test?
- (a) NPO 8 to 10 hours prior to test
 - (b) Rich carbohydrate diet from 2 to 3 days before test
 - (c) Stop giving medication
 - (d) No need to change anything
36. Tube feeding should be delayed if the amount of gastric contents exceed:
- (a) 20 ml
 - (b) 25 ml
 - (c) 30 ml
 - (d) 50 ml
37. Tonicity of ringer lactate is:
- (a) Hypertonic
 - (b) Hypotonic
 - (c) Isotonic
 - (d) None

38. Thick yellow describes the drainage as:
- (a) Serous
 - (b) Serous-sanguineous
 - (c) Anguineous
 - (d) Purulent
39. The size of intravenous cannula used for neonates is:
- (a) 18
 - (b) 20
 - (c) 22
 - (d) 24
40. The most common deficiency seen in alcoholic is:
- (a) Thyamine
 - (b) Riboflavin
 - (c) Pyridoxine
 - (d) Pantothenic acid
41. How much oxygen a nurse should give to a patient with chronic respiratory failure?
- (a) 1 litre/mt with nasal prongs
 - (b) 2 litre/mt with nasal mask
 - (c) 10 litre/mt with nasal mask
 - (d) 10 litre/mt with nasal prongs
42. Which among the following is an indication of portal hypertension?
- (a) Elevated blood pressure
 - (b) Confusion
 - (c) Asterixis
 - (d) Hematemesis
43. The normal mean pulmonary artery pressure is:
- (a) 10-15 mm Hg
 - (b) 15-20 mm Hg
 - (c) 20-25 mm Hg
 - (d) 25-30 mm Hg

44. Persistent generalized lymphadenopathy, is caused by:

- (a) HSV
- (b) HAV
- (c) HZV
- (d) HIV

45. Increased suicidal tendency is associated with alteration in the brain levels of:

- (a) Serotonin
- (b) GABA
- (c) Dopamine
- (d) Noradrenaline

46. Phenytoin is used in the treatment of:

- (a) Petitmal epilepsy
- (b) Grand mal epilepsy
- (c) Myoclonic seizures
- (d) All of these

47. Early amniocentesis is done in which period of pregnancy:

- (a) 9-11 weeks
- (b) 12-14 weeks
- (c) 14-16 weeks
- (d) 16-18 weeks

48. A positive Babinski's sign is present in infants until approximate at:

- (a) 1 year
- (b) 2 year
- (c) 3 year
- (d) 5 year

49. Fruits, cereals and vegetables are potent sources of:

- (a) Antioxidants
- (b) Unsaturated fat
- (c) Saturated fat
- (d) Free radicals

50. VDRL test is an example of:

- (a) Tube test
- (b) Ring test
- (c) Slide test
- (d) None of these



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51. Live vaccine is:
- (a) Salk
 - (b) Hepatitis
 - (c) Cholera
 - (d) BCG
52. Which drug may cause "Gray baby Syndrome"?
- (a) Chloramphenicol
 - (b) Gentamycin
 - (c) Penicillin
 - (d) Tetracycline
53. The stage of growth and development basically concerned with role identification.
- (a) Oral stage
 - (b) Genital stage
 - (c) Oedipus stage
 - (d) Latency stage
54. The hallmark of tissue healing
- (a) Granulation tissue
 - (b) Granuloma
 - (c) Exudation
 - (d) Lymphocyte filtration
55. In Schizophrenia, the term anhedonia refers to:
- (a) An inability to enjoy food
 - (b) An inability to react to enjoyable and pleasurable events
 - (c) An inability to express empathy
 - (d) An inability to react appropriately to social cues
56. When caring for an infant during cardiac arrest, which pulse must be palpated to determine cardiac function?
- (a) Carotid
 - (b) Pedal
 - (c) Radial
 - (d) Brachial

57. The ability of a person to readily recover from stressful situations is called:
- (a) Mental freedom
 - (b) Androgyny
 - (c) Hardiness
 - (d) Resilience
58. Ponderal index of term gestational age normal neonate:
- (a) >2.5
 - (b) <2.5
 - (c) <2
 - (d) 2
59. Route of DPT vaccine is
- (a) Oral
 - (b) Subcutaneous
 - (c) Intramuscular
 - (d) Intravenous
60. Indian Nursing Council was established in the year :
- (a) 1848
 - (b) 1950
 - (c) 1952
 - (d) 1947
61. Bandl's ring in uterus usually occurs during :
- (a) Obstructed labor
 - (b) Placenta previa
 - (c) Normal delivery
 - (d) Uterine inversion
62. Secondary level of prevention of disease includes:
- (a) Screening and immunization
 - (b) Specific protection and screening
 - (c) Early diagnosis and treatment
 - (d) Rehabilitation and disability limitation
63. Normal duration for involution of uterus is:
- (a) 6 weeks
 - (b) 2 weeks
 - (c) 1 month
 - (d) 2 months

64. Total no of deciduous teeth in children are:
(a) 12
(b) 14
(c) 16
(d) 20
65. What is the dose of vitamin A for an infant at nine months of age:
(a) 4 lakh IU
(b) 3 lakh IU
(c) 2 lakh IU
(d) 1 lakh IU
66. 'Beti Bachao Beti Pado' programme launched in:
(a) UP
(b) Haryana
(c) Rajasthan
(d) Chattisgarh
67. AIDS was first detected in India in the year:
(a) 1996
(b) 1985
(c) 1991
(d) 1986
68. Persecutory delusion is more common in:
(a) Schizophrenia
(b) Paranoid schizophrenia
(c) Bipolar affective disorder
(d) Manic depressive psychosis
69. Death in India is registered within how many days?
(a) 7 days
(b) 14 days
(c) 21 days
(d) 28 days
70. Partograph was first discovered by:
(a) Dr. RH Philpoter
(b) Dr. AL Mudaliar
(c) Dr. William Shaw
(d) Dr. Shirodkar

71. First and foremost emergency management of shock:
- (a) Limb elevation
 - (b) Start ionotrops
 - (c) Blood transfusion
 - (d) Airway management
72. Z track method is used in IM injection to prevent:
- (a) Thrombophlebitis
 - (b) Myositis
 - (c) Skin irritation
 - (d) Periostitis
73. Diabetic foot is an example of:
- (a) Wet gangrene
 - (b) Dry gangrene
 - (c) Gas gangrene
 - (d) Gangrenous inflammation
74. Which vaccine is contraindicated in pregnancy?
- (a) Rubella
 - (b) OPV
 - (c) BCG
 - (d) Hepatitis
75. Which hormone is secreted by corpus luteum?
- (a) HCG
 - (b) Progesterone
 - (c) Thyroxin
 - (d) Oestrogen
76. Apical pulse is assessed by placing the diaphragm of the stethoscope at the area of:
- (a) Aortic area
 - (b) Pulmonic area
 - (c) Mitral area
 - (d) Tricuspid area
77. Identify the water borne disease
- (a) Dengue
 - (b) Malaria
 - (c) Cholera
 - (d) Polio

78. The amount of blood supplied to brain per minute is:

- (a) 450 ml
- (b) 750 ml
- (c) 850 ml
- (d) 1000 ml

79. Tuberculin test is read after:

- (a) 24 hours
- (b) 72 hours
- (c) 78 hours
- (d) 96 hours

80. Cancer arising in plasma cells:

- (a) Osteoma
- (b) Myoma
- (c) Myeloma
- (d) Odontoma

81. Which of the following hormone inhibits release of growth hormone ?

- (a) Dopamine
- (b) Somatotropin
- (c) Somatostatin
- (d) Thyrotropin inhibiting hormone

82. The darkening of the skin over the forehead, bridge of nose or cheek bones during pregnancy is called?

- (a) Cholasma
- (b) Chadwick's sign
- (c) Hegar's sign
- (d) Linea Nigra

83. CA-125 is a marker antigen for the diagnosis of:

- (a) Colon cancer
- (b) Breast cancer
- (c) Brain cancer
- (d) Ovary cancer

84. In pregnant woman placenta is formed and functioning at:

- (a) 4 and 12 week
- (b) 5 and 13 week
- (c) 3 and 16 week
- (d) 2 and 14 week

85. PMJAY is an acronym for?

- (a) Pradhan Mantri Jan Arogya Yojana
- (b) Pradhan Mantri Janani Arogya Yojana
- (c) Pradhan Mantri Jan-swasthya Arogya Yojana
- (d) None of these

86. The Process of weakening a pathogen is called.

- (a) Immunization
- (b) Attenuation
- (c) Vaccination
- (d) Virulence reduction

87. Which of the following is NOT a physical assessment finding in Parkinson's disease?

- (a) Absence of cognitive impairment
- (b) Mask-like expression
- (c) Dysarthria
- (d) Pill rolling tremors of the fingers

88. Birth weight quadruple by

- (a) 5 months
- (b) 12 months
- (c) 18 months
- (d) 24 months

89. The WHO initiative "Right to Sight" is named as:

- (a) Vision 2015
- (b) Vision 2020
- (c) Vision 2030
- (d) Vision 2025

90. Small for Gestational age and large for gestational age infants have polycythemia because of:
- (a) Hypocalcemia
 - (b) Hypoglycemia
 - (c) Hypoxia
 - (d) Hypothermia
91. Which ophthalmic diagnostic test measures the intraocular pressure?
- (a) Tonometry
 - (b) Perimetry
 - (c) Amsler grid
 - (d) Gonioscopy
92. The disease imported in a country, which was not otherwise present?
- (a) Epornithic disease
 - (b) Zoonotic disease
 - (c) Exotic disease
 - (d) Epizootic disease
93. Normal serum sodium level is:
- (a) 3.5-5.5 mEq/L
 - (b) 80-120 mEq/L
 - (c) 135-145 mEq/L
 - (d) 145-155 mEq/L
94. According to triage system which color coding is given to an unconscious patient whose blood pressure is 128/78 and pulse rate is 82?
- (a) Blue
 - (b) Yellow
 - (c) Red
 - (d) Black
95. Under National Urban Health Mission each ASHA worker covers:
- (a) 100-200 houses
 - (b) 200-500 houses
 - (c) 500-1000 houses
 - (d) 1000-2500 houses

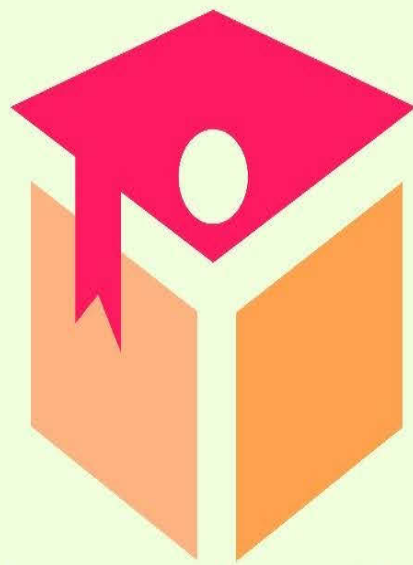
96. Which cranial nerve is responsible for corneal reflex?
(a) IX
(b) VIII
(c) V
(d) III
97. Naegele's rule is used to calculate:
(a) Cervical dilation
(b) Amniotic fluid
(c) Gestational age
(d) Expected date of delivery
98. Which of the below is NOT a part of the secondary prevention of mental illness?
(a) Crisis stabilization
(b) Rehabilitation
(c) Screening
(d) Early detection
99. The third phase of body's adaptation to stress is:
(a) Reaction
(b) Rebound
(c) Exhaustion
(d) Resistance
100. A scale that cannot be used to assess a subject for a mood disorder is:
(a) Beck inventory
(b) Edinburgh inventory
(c) Wakefeild questionnaire
(d) Hamilton rating scale

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